

# ADVENT CALENDAR *for Couples*



1

Make an Advent Wreath together. Light the first candle and pray Isaiah 9:2.

2

Visit a Church for quiet Adoration. Spend 20–30 minutes in silence with Christ

3

Write Christmas Cards. Pray for each person as you write your cards

4

Set up a home Nativity creche (Wait until Christmas Eve to place the Baby Jesus).

5

Attend a Parish Reconciliation Service (Confession) together for a fresh spiritual start

6

Watch a Classic Advent/Christmas Movie. Snuggle under blankets with hot cocoa

7

Make a simple meal for another couple or neighbor. Deliver it together

8

Write each other an Advent letter. Share what your spouse has meant to you this year

9

Go Caroling, or sing Christmas carols together at home

10

Create a Marriage Blessing Jar. Write down significant moments and joys. Read them on Christmas Eve

11

Volunteer together at a food pantry, church event, or help a neighbor

12

Fast from something together for one day this week, like social media or TV.

13

Go to a local “Lessons and Carols” event ((scripture readings paired with hymns)

14

Take a Christmas Lights Walking Tour. Bring hot drinks and hold hands

15

Spend 10 minutes in quiet gratitude together, side by side.

16

Visit a live Nativity or outdoor Christmas Pageant

17

Go to a Christmas Market or Catholic Gift Fair. Shop for a small, meaningful gift for one another

18

Take a Self-Guided Church Pilgrimage (visit 3–5 churches). End with a shared meal

19

Share one honest “small truth” from your day over cocoa.

20

Plan a simple act of service for each other at home.

21

Light a candle and reflect on your shared journey.

22

Write each other a short note of appreciation

23

Cook a meal together, practicing patience and cooperation.

24

Spend 10 minutes in quiet gratitude side by side.